

REDUCTION MAMMAPLASTY OR BREAST REDUCTION



This surgical procedure aims at reducing the volume of the breast . Breast hypertrophies are due to an excessive volume of gland and/or fat . They can lead to back pain and problems for many activities (sport, usual life, dressing ...)

There are two types of scars inevitably following such a procedure : the "inverted T" type scar and the "vertical type" scar . In the first case the scar has three components : peri areolar (around the areola) , vertical (from the areola to the infra mammary fold) , and horizontal (hidden in the infra mammary fold) . In the second case there is no horizontal component .

This procedure must be performed under general anesthesia and usually requires a two days hospital stay at least . In juvenile breast hypertrophies it can be done as soon as the body growth is achieved ; then it can be performed at any time during the life , as far as the general condition is good .



It requires a good cooperation of the patient in order to try to avoid big scars : special bra during a few week , silicon gel sheeting in some case to be worn on the scars , regular post operative controls ...

Some rare complications can happen (hematomas , decrease of nipple sensitivity , small temporary skin necrosis , local infection , keloid or hypertrophic scars ...) ; most of the time they will be avoided if the preparation and the follow up of the surgery is well established .

This procedure is usually painless and the patient can go back to normal life and/or work within three weeks

Cases before and after :

